



5 Things You Should Know BEFORE your child starts Speech Therapy

- 1. Assessment and Diagnosis:** Before starting speech therapy, it's important for parents to have their child thoroughly assessed and diagnosed by a qualified speech-language pathologist (SLP). This evaluation will help determine the specific speech and language challenges your child is facing and guide the development of an appropriate treatment plan.
- 2. Realistic Expectations:** Parents should have realistic expectations about the outcomes of speech therapy. Progress can vary from child to child, and it's important to understand that improvement takes time and consistent effort. Celebrating small victories along the way can help maintain motivation and positivity.
- 3. Active Participation:** Parents play a crucial role in their child's speech therapy journey. Collaborate closely with the SLP and actively engage in the therapy process. This may involve practicing recommended exercises and techniques at home, attending regular therapy sessions, and implementing strategies to facilitate communication outside of therapy.
- 4. Consistency and Practice:** Consistency is key to successful speech therapy. Children benefit most when therapy techniques are consistently practiced both during sessions and in everyday interactions. Implementing therapy strategies during daily routines and activities can help reinforce what is learned in therapy and accelerate progress.
- 5. Open Communication:** Maintain open and honest communication with the speech therapist. Share any concerns, observations, or changes in your child's behavior or progress. Regular discussions with the SLP will help ensure that the therapy plan is appropriately adjusted and tailored to your child's evolving needs.

Schedule your FREE consultation today!

We hope to serve you soon.
